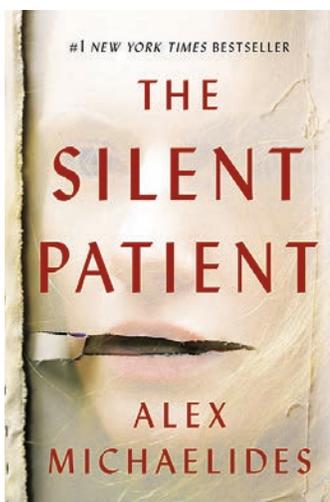




CELADON  
BOOKS

# THE SILENT PATIENT BY ALEX MICHAELIDES

## Discussion Questions



“AN UNFORGETTABLE—AND HOLLYWOOD-BOUND—NEW THRILLER... A MIX OF HITCHCOCKIAN SUSPENSE, AGATHA CHRISTIE PLOTTING, AND GREEK TRAGEDY.”

—ENTERTAINMENT  
WEEKLY

TITLE: *The Silent Patient*  
AUTHOR: Alex Michaelides  
PUBLISHER: Celadon Books  
ISBN: 9781250301697  
ON SALE DATE: 2/5/19  
FORMATS: Hardcover,  
Ebook, Audio

1. Who do you think is to blame for Gabriel’s death?
2. When did you figure out the twist, and what were the clues that led you there?
3. Much of this story takes place inside a psychiatric hospital. How did this setting impact your perception of the characters—both inside and outside The Grove—and what effect did it have on the atmosphere of the book?
4. This book plays with the idea of trustworthiness, with characters seeming reliable one moment and unreliable the next. What were the elements that made you trust certain characters or not?
5. What is the meaning of the Alcestis? Why do you think the author included this reference to Greek mythology, and what does it add to your experience of the story?
6. How did you feel about the dynamic between Theo and Alicia and between Theo and Ruth as therapist and patient? What lines should or shouldn’t be crossed in these relationship? What power dynamics are at play here?
7. How did you feel about Theo and Kathy’s marriage? What are your thoughts on how their relationship is resolved?
8. This book includes many different types of communication: conversation, diary entries, art, and even silence. How are each of these used to progress the story line and character development?

*THE SILENT PATIENT*  
IS A SHOCKING  
PSYCHOLOGICAL  
THRILLER OF A  
WOMAN’S ACT OF  
VIOLENCE AGAINST  
HER HUSBAND—AND  
OF THE THERAPIST  
OBSESSED WITH  
UNCOVERING HER  
MOTIVE.